

First-Aid kit check list (according to the Quebec rules and requirements on First-Aid)

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|--|------------------------|--|
| Company name : ▶ | | |
| First-aid kit location : ▶ | | |
| First-Aid kit number : ▶ | | |
| To order : www.quebecfirstaid.com Telephone # : 418-860-0215 Email : info@quebecfirstaid.com | M I B | |
| | I N y | |
| <u>Recommended components</u> ** = items with expiring date, replace when obsolete Mandatory material ▼ | I M U M | |
| | Q U A N T I T Y | |
| | D A T E | |
| | ▶ | |
| Bandage scissor | 1 | |
| Sharp splinter forcep | 1 | |
| Safety pins | 12 | |
| Adhesives bandages (Plasters) 2.5 x 7.5 cm | 25 | |
| Sterile gaze pads 4x4 (102mm x 102mm) | 25 | |
| Sterile conform bandage roll 2 in. (50mm) | 4 | |
| Sterile conform bandage roll 4 in. (100mm) | 4 | |
| Triangular bandage | 6 | |
| Compression bandage 4 in. (100mm) | 4 | |
| Adhesive tape | 1 | |
| Antiseptic swab pads BZK ** | 25 | |
| CSST first-aid book and protocol | 1 | |
| Optional material ▼ | | |
| Survival aluminium sheet (Rescue Blanket) | 1 | |
| Wax paper bag for motion (Vomitting) | 1 | |
| Face shield for CPR | 1 | |
| Pocket mask for CPR | 1 | |
| Latex Gloves | 6 | |
| Vinyl Gloves | 6 | |
| Nitrile Gloves | 6 | |
| Alcohol swab pads (for instruments disinfection)** | 25 | |
| Instant cold pack | 1 | |

- Note :**
- * [The first-aid kit must be accessible in less than 5 minutes at any time!](#)
 - * [The first-aid kit must not contain any medication!](#)
 - * [The first-aid kit must be complete at any time!](#)