First-Aid kit check list (according to the Quebec rules and requirements on First-Aid)

Company name : ▶	
First-aid kit location : ▶	
First-Aid kit number : ▶	

To order : www.quebecfirstaid.com
Telephone # : 418-860-0215
Email :info@quebecfirstaid.com

Recommended components

**** = items with expiring date**
replace when obselete

Mandatory material ▼

	MINIMUM QUANTITY	By ▶ / DATE ▶																											
Bandage scissor	1																												
Sharp splinter forcep	1																												
Safety pins	12																												
Adhesives bandages (Plasters)	25																												
Sterile gaze pads 4x4 (102mm x 102mm)	25																												
Sterile conform bandage roll 2 in. (50mm)	4																												
Sterile conform bandage roll 4 in. (100mm)	4																												
Triangular bandage	6																												
Compression bandage 4 in. (100mm)	4																												
Adhesive tape	1																												
Antiseptic swab pads BZK **	25																												
CSST first-aid book and protocol	1																												
Optionnal material ▼																													
Survival aluminium sheet (Rescue Blanket)	1																												
Wax paper bag for motion (Vomitting)	1																												
Face shield for CPR	1																												
Pocket mask for CPR	1																												
Latex Gloves	6																												
Vinyl Gloves	6																												
Nitrile Gloves	6																												
Alcohol swab pads (for instruments desinfection)**	25																												
Instant cold pack	1																												

Note :
* The first-aid kit must be accessible in less than 5 minutes at any time!
* The first-aid kit must not contain any medication!
* The first-aid kit must be complete at any time!