www.quebecfirstaid.com Tel :418-856-6605 / 1-877-860-0215 Fax :418-371-0886 info@quebecfirstaid.com

First-Aid kit check list (according to the Quebec rules and requirements on First-Aid)

Company name : ▶	
First-aid kit location : ▶	
First-Aid kit number : ▶	

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Recommended components

**** = items with expiring date, replace when obselete.**

Mandatory material ▼

	MINIMUM QUANTITY	By ▶	DATE ▶
Bandage scissor	1		
Sharp splinter forcep	1		
Safety pins assorted	12		
Adhesives bandages (1 in x 3 in.) 2.5 x 7.5 cm	25		
Sterile gaze pads 4x4 (102mm x 102mm)	25		
Sterile conform bandage roll 2 in. (50mm)	4		
Sterile conform bandage roll 4 in. (100mm)	4		
Triangular bandage 40 x 40 x 56 in.	6		
Compression bandage 4 in. (100mm)	4		
Adhesive tape	1		
Antiseptic swab pads BZK **	25		
CSST first-aid book and protocol	1		
Optional material ▼			
Survival aluminium sheet (Rescue Blanket)	1		
Wax paper bag for motion (Vomitting)	1		
Face shield for CPR	1		
Pocket mask for CPR	1		
Latex Gloves	6		
Vinyl Gloves	6		
Nitrile Gloves	6		
Alcohol swab pads (for instruments desinfection)**	25		
Instant cold pack	1		

Note : * The first-aid kit must be accessible in less than 5 minutes at any time!
* The first-aid kit must not contain any medication!
* The first-aid kit must be complete at any time!