

c. A-3.001, r. 10

## **First-aid Minimum Standards Regulation**

**An Act respecting industrial accidents and occupational diseases**  
(R.S.Q., c. A-3.001, s. 454, subpar. 4)

**An Act respecting Occupational Health and Safety**  
(R.S.Q., c. S-2.1, ss. 173 and 223)

### **DIVISION I**

#### **INTERPRETATION AND SCOPE**

**1.** In this Regulation, unless the context indicates otherwise,

(a) “construction site” means a place where foundation, erection, maintenance, renovation, repair, alteration or demolition work is carried out in respect of a building or of civil engineering works, on and at the site itself, including the preparatory work of land clearing or earth moving and any other work determined by regulation, and the lodging, eating or recreational facilities put at the disposal of the construction workers by the employer;

(b) “Commission” means the Commission de la santé et de la sécurité du travail established pursuant to section 137 of the Act respecting occupational health and safety (R.S.Q., c. S-2.1);

(c) “establishment” means all the installations and equipment grouped on one site and organized under the authority of one person or of related persons in view of producing or distributing goods or services, except a construction site; this work includes, in particular, a school, a construction firm and the lodging, eating or recreational facilities put at the disposal of workers by the employer, excepting, however, private lodging facilities;

(d) “nurse” means a nurse within the meaning of the Nurses Act (R.S.Q., c. I-8);

(e) “principal contractor” means the owner or any other person who, on a construction site, is responsible for the carrying out of all the work;

(f) “first-aider” means the holder of a valid first aid certificate granted by an organization recognized by the Commission and whose work does not adversely affect his ability to administer first-aid promptly and efficiently;

(g) “kit” means a first aid kit consisting of a portable box divided into compartments to store first aid articles required by this Regulation and on which are affixed a red cross and the words “first aid” in conspicuous characters.

O.C. 1922-84, s. 1.

**2.** Subject to Division IX, this Regulation applies to any establishment, except for institutions of the Social Affairs network, within the meaning of the Act respecting health services and social services (R.S.Q., c. S-4.2) and the Act respecting health services and social services for Cree Native persons (R.S.Q., c. S-5), where qualified medical personnel or nurses can give the necessary first aid to workers of the establishment in case of occupational injury, and to any construction site where at least 10 workers are working simultaneously at any given time.

O.C. 1922-84, s. 2.

## **DIVISION II**

### **FIRST-AIDERS AND KITS IN AN ESTABLISHMENT**

**3.** The employer of an establishment must make sure that at least one first-aider is present at all times during working hours where there are 50 or less workers on a shift and another first-aider for every additional 100 workers or fraction thereof assigned to the shift.

Notwithstanding the first paragraph, the employer in an establishment in the “Forestry” sector covered by paragraph B of Schedule 1 must see that at least one worker in 5 is a first-aider.

O.C. 1922-84, s. 3; O.C. 688-85, s. 1; O.C. 1798-87, s. 1.

**4.** An adequate number of first-aid kits must be provided by an employer in his establishment.

The kits must be placed as near as possible from the work premises, be easy to reach and available at all times.

The minimum content of the first-aid kit is the following:

- (a) a first-aid manual approved by the Commission;
- (b) the following instruments:
  - 1 pair bandage scissors,
  - 1 pair splinter forceps,
  - 12 safety pins (assorted sizes);
- (c) the following dressings (or equivalent sizes):
  - 25 sterile bandages (25 mm × 75 mm) individually wrapped,
  - 25 sterile gauze squares (101.6 mm × 101.6 mm) individually wrapped,
  - 4 rolls sterile gauze bandage (50 mm × 9 m) individually wrapped,
  - 4 rolls sterile gauze bandage (101.6 mm × 9 m) individually wrapped,
  - 6 triangular bandages,
  - 4 sterile bandage compresses (101.6 mm × 101.6 mm) individually wrapped,
  - 1 roll adhesive tape (25 mm × 9 m);
- (d) antiseptics:
  - 25 alcohol swabs individually wrapped.

O.C. 1922-84, s. 4.

**5.** A vehicle used by an employer in the operation of his establishment and intended solely for the transportation or use of workers employed by him must be provided with a first-aid kit if it travels in areas where no first-aid kit is accessible under section 4.

The minimum content of the kit is that prescribed in section 4 where the vehicle can carry more than 5 workers and where the workers are more than 30 minutes from a medical service.

The minimum content of the kit in vehicles not covered by the second paragraph is the following:

- (a) a first-aid manual approved by the Commission;
- (b) the following instruments:
  - 1 pair bandage scissors,
  - 12 safety pins (assorted sizes);
- (c) the following dressings (or equivalent sizes):
  - 5 sterile adhesive bandages (25 mm x 75 mm) individually wrapped,
  - 5 sterile gauze squares (101.6 mm x 101.6 mm) individually wrapped,
  - 1 roll sterile gauze bandage (50 mm x 9 m),
  - 1 roll sterile gauze bandage (101.6 mm x 9 m),
  - 2 sterile bandage compresses (101.6 mm x 101.6 mm) individually wrapped,
  - 2 triangular bandages,
  - 1 roll adhesive tape (25 mm x 9 m);
- (d) antiseptics:
  - 5 alcohol swabs individually wrapped.

O.C. 1922-84, s. 5; O.C. 1798-87, s. 2.

**6.** The employer in an establishment must ensure that all kits are kept clean, complete and in good order.

O.C. 1922-84, s. 6.

## **DIVISION III**

### **FIRST-AIDERS AND KITS ON A CONSTRUCTION SITE**

**7.** The general contractor on a construction site must make sure that at least one first-aider is present at all times during working hours where there are between 10 and 50 workers on a shift and another first-aider for every additional 100 workers or fraction thereof assigned to the shift.

O.C. 1922-84, s. 7; D. 688-85, s. 2.

**8.** An adequate number of first-aid kits must be provided by a principal contractor on his construction site.

The kits must be available at all times.

A construction site is equipped with an adequate number of first-aid kits when the time required to have access to them is approximately 5 minutes for all workers.

The minimum content of the first-aid kit is the one prescribed in section 4.

O.C. 1922-84, s. 8.

**9.** A vehicle used by a principal contractor in the operation of his construction site and intended solely for the transportation or use of workers employed by him must be provided with a first-aid kit if it travels in areas where no first-aid kit is accessible under section 8.

The minimum content of the kit is that prescribed in section 4 where the vehicle can carry more than 5 workers and where the workers are more than 30 minutes from a medical service.

The minimum content of the kit in vehicles not covered by the second paragraph is that prescribed in section 5.

O.C. 1922-84, s. 9; O.C. 1798-87, s. 3.

**10.** The principal contractor on a construction site must ensure that all kits are kept clean, complete and in good order.

O.C. 1922-84, s. 10.